

# Dalai Lama Man Monk Mystic

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**The Flying Mystics of Tibetan Buddhism** - Glenn H. Mullin 2006

**Sam Pitroda, a Biography** - Mayank Chhaya 1992

**Nonviolent Resistance as a Philosophy of Life** - Ramin Jahanbegloo  
2021-01-14

What do we mean by nonviolence? What can nonviolence achieve? Are there limits to nonviolence and, if so, what are they? These are the questions the Iranian political philosopher and activist Ramin Jahanbegloo tackles in his journey through the major political advocates of nonviolence during the 20th century. While nonviolent resistance has accompanied human culture from its earliest beginnings, and representations of nonviolence in Eastern religions like Jainism, Buddhism and Hinduism are ubiquitous, it is only in 20th century that it emerged as a major preoccupation of figures such as Gandhi, Martin Luther King Jr., Nelson Mandela, Mother Teresa and Václav Havel. Focusing on examples of their way of thinking in different cultural, geographic and political contexts, from the Indian Independence Movement and US Civil rights and Anti-Apartheid movement to the Velvet Revolution in Czechoslovakia and nonviolent protests in Tunisia, Iran, Serbia and Hong-Kong, Jahanbegloo explores why nonviolence

remains relevant as a form of resistance against injustice and oppression around the world. With balanced readings of central players and events, this comparative study of a pivotal form of resistance written by accomplished scholar of Gandhi presents convincing reasons to commit to nonviolence, reminding us why it matters to the development of contemporary political thought.

**The Dalai Lama and the King Demon** - Raimondo Bultrini 2013-06-07  
A triple homicide committed a few hundred yards away from the residence in exile of the Dalai Lama opens the doors to an unknown universe for Superintendent Rajeev Kumar Singh of the Indian police. He goes over every step of the crime and identifies its perpetrators as members of an exclusive cult dedicated to a demonic spirit with fearsome earthly powers. The chief suspects include the leading figures of a society devoted to the cult of Gyalpo Shugden, whose headquarters are to be found in the heart of Delhi's Tibetan exile neighborhood. Raimondo Bultrini, an investigative journalist, decides to open a new trail by reconstructing the mystical aspect of the events. The Dalai Lama himself, determined to combat the sectarian outlook fostered in the name of the "king demon" by a group within the clergy of the Gelukpa school of Tibetan Buddhism, reveals to Bultrini hitherto secret religious and historical details regarding the impact of the cult. Recent events and

developments seem to bear out his perspective, since many Gyalpo Shugden followers have found common ground with the Chinese authorities. The links between these renegade lamas and the Communist regime are becoming stronger, creating an alliance aimed at removing all traces of the Dalai Lama's lineage from Tibet's future. This is the first major exposé of this intriguing struggle at the heart of the mysticism and politics surrounding the Dalai Lama and the Tibetan quest for freedom.

**The Essential Dalai Lama** - Rajiv Mehrotra 2006-08-29

An invaluable collection that brings together the best of the Dalai Lama's writings on all aspects of life. An inspiration to millions of people worldwide, the Dalai Lama has authored more than fifty books. Now, for the first time, *The Essential Dalai Lama* brings together the best of the Dalai Lama's writings on all aspects of life, from work to meditation.

Divided into four sections—The Vision, Buddhist Perspectives, Practice, A World in Harmony—*The Essential Dalai Lama* contains eloquent applications of the principles of ancient Buddhist thought to contemporary issues, all expressed in the Dalai Lama's uniquely compelling voice. This is the perfect compilation for anyone who wishes to have one source for the Dalai Lama's teachings or who seeks an introduction to the philosophy and practice of Buddhism.

**The Meaning of Life** - Jeffrey Hopkins 2011-07

Each of us struggles with the existential questions of meaning, purpose, and responsibility. In *The Meaning of Life*, the Dalai Lama examines these questions from the Buddhist perspective, skillfully guiding us to a clearer understanding that can li...

**A Saint in Seattle** - David P. Jackson 2003

Exiled from his native land by the Communist Chinese, Tibetan lama Dezhung Rinpoche arrived in Seattle and continued his role as a teacher of teachers, mentoring some of the most prominent Western scholars of Tibetan Buddhism today.

**An Appeal to the World** - Dalai Lama 2017-11-07

#1 INTERNATIONAL BESTSELLER • FEATURES EXCLUSIVE NEW MATERIAL ON THE TRUMP PRESIDENCY "Makes the case for unity in a world rife with divisions." —New York Times Book Review In this brief

yet profound address to global humanity, His Holiness the Dalai Lama of Tibet reveals that we all hold the seeds of world peace within us: "I see with ever greater clarity that our spiritual well-being depends," the Nobel Peace Prize winner writes, "on our innate human nature, our natural affinity for goodness, compassion, and caring for others." Already a major international bestseller, *An Appeal to the World*, the new book by one of the most revered spiritual leaders of our time, outlines both the inward and outward paths to peace, addressing a wide range of contemporary topics—from the rise of nationalism, Trump presidency, refugee crisis, climate catastrophes, and materialism to meditation, universal ethics, and even neuroscience. Here is a small book that can truly change the world.

**The Cold War: The Definitive Encyclopedia and Document Collection [5 volumes]** - Spencer C. Tucker 2020-10-27

This sweeping reference work covers every aspect of the Cold War, from its ignition in the ashes of World War II, through the Berlin Wall and the Cuban Missile Crisis, to the collapse of the Soviet Union in 1991. The Cold War superpower face-off between the Soviet Union and the United States dominated international affairs in the second half of the 20th century and still reverberates around the world today. This comprehensive and insightful multivolume set provides authoritative entries on all aspects of this world-changing event, including wars, new military technologies, diplomatic initiatives, espionage activities, important individuals and organizations, economic developments, societal and cultural events, and more. This expansive coverage provides readers with the necessary context to understand the many facets of this complex conflict. The work begins with a preface and introduction and then offers illuminating introductory essays on the origins and course of the Cold War, which are followed by some 1,500 entries on key individuals, wars, battles, weapons systems, diplomacy, politics, economics, and art and culture. Each entry has cross-references and a list of books for further reading. The text includes more than 100 key primary source documents, a detailed chronology, a glossary, and a selective bibliography. Numerous illustrations and maps are inset

throughout to provide additional context to the material. Includes more than 1,500 entries covering all facets of the Cold War from its origins to its aftermath, including all political, diplomatic, military, social, economic, and cultural aspects Incorporates the scholarship of more than 200 internationally recognized contributors from around the world, many writing about events and issues from the perspective of their country of origin Offers more than 100 original documents—a collection that draws heavily on material from archives in China, Eastern Europe, and the former Soviet Union Provides hundreds of powerful images and dozens of informative maps detailing specific military conflicts and movements of various groups Includes a detailed chronology of important events that occurred before, during, and after the Cold War

*Dalai Lama. Hombre, monje, místico* - Mayank Chhaya 2010-09-03

Escrita con la plena participación del Dalai Lama, esta actualizada y fascinante biografía muestra tanto la faceta más pública como el eterno misterio que envuelve al Dalai Lama, uno de los líderes espirituales más importantes del mundo. En 1997 Su Santidad el Dalai Lama autorizó al periodista indio Mayank Chhaya a escribir sobre su vida. A partir de ese momento, Chhaya y el Dalai Lama mantuvieron más de una docena de entrevistas en la residencia del gobernante del Tíbet en el exilio. El resultado de estos encuentros es *Dalai Lama. Hombre, monje, místico*, un retrato en profundidad de una figura que suscita un inagotable interés en personas de todo el planeta. Chhaya escribe sobre el Tíbet y la tradición budista de la que emergió la figura del Dalai Lama para ayudar a los lectores a entender el contexto que dio forma a sus creencias, su forma de ejercer la política y sus ideales. El autor dibuja la figura del Dalai Lama bajo las luces de su vida en el exilio y los varios papeles que este debe adoptar como máximo responsable de sus seguidores.

**The World's Greatest Religious Leaders: How Religious Figures Helped Shape World History [2 volumes]** - Scott E. Hendrix  
2018-03-01

This book provides reliable information about important world religious leaders, correcting the misinformation that can be on the internet. • Examines roughly 160 alphabetically arranged reference entries that

detail how religious leaders from different faiths changed the history of the world • Provides sidebars that discuss key events, offering background information and excerpts from consequential religious writings • Offers suggestions for further reading after each entry, and closes with a bibliography of important print and electronic resources suitable for student research

**Magic and Mystery in Tibet** - Madame Alexandra David-Neel  
2012-04-27

A practicing Buddhist and Oriental linguist recounts supernatural events she witnessed in Tibet during the 1920s. Intelligent and witty, she describes the fantastic effects of meditation and shamanic magic — levitation, telepathy, more. 32 photographs.

*Tibet* - Lezlee Brown Halper 2014-04-01

Tibet's enduring myth, animated by the tales of Himalayan adventurers, British military expeditions, and the novel, *Lost Horizon*, remains an inspirational fantasy, a modern morality play about the failure of brutality to subdue the human spirit. Tibet also exercises immense "soft power" as one of the lenses through which the world views China. This book traces the origins and manifestations of the Tibetan myth, as propagated by Younghusband, Madam Blavatsky, Himmler, Acheson and Roosevelt. The authors discuss how, after WW2, Tibet-- isolated, misunderstood and with a tiny elite unschooled in political-military realities --- misread the diplomacy between its two giant neighbours, India and China, forlornly hoping London or Washington might intervene. China's People's Liberation Army sought nothing less than to deconstruct traditional Tibet, unseat the Dalai Lama and "absorb" this vast region into the People's Republic, and Lhasa succumbed to China's invasion in 1950. Drawing on declassified CIA and Chinese documents, the authors reveal Mao's collusion with Stalin to subdue Tibet, double-dealing by Nehru, the brilliant diplomacy of Chou en Lai and how Washington saw-sawed between the China lobby, who insisted there be no backing for an independent Tibet, and Presidents Truman and later Eisenhower, who initiated a covert CIA programme to support the Dalai Lama and resist Chinese occupation. It is an ignoble saga with few, if any, heroes, other

than ordinary Tibetans.

**The Third Eye** - T. Lobsang Rampa 2018-07-25

T. Lobsang Rampa was preordained to be a Tibetan priest, a sign from the stars that could not be ignored. When he left his wealthy home to enter the monastery, his heart was filled with trepidation, with only a slight knowledge of the rigorous spiritual training and physical ordeal that awaited him.

**Tibet** - Paul Christiaan Klieger 2021-04-22

The history of Tibet has long intrigued the world, and so has the dilemma of its future—will it ever return to independence or will it always remain part of China? How will the succession of the aging and revered Dalai Lama affect Tibet and the world? This book makes the case for a fully Tibetan independent state for much of its 2,500-year existence, but its story is a complex one. A great empire from the seventh to ninth centuries, in 1249, Tibet was incorporated as a territory of the Mongol Empire—which annexed China itself in 1279. Tibet reclaimed its independence from China in 1368, and although the Manchus later exerted their direct influence in Tibetan affairs, by 1840 Tibet began to resume its independent course until communist China invaded in 1950. And since that time, Tibetan nationalism has been maintained primarily by over 100,000 refugees living abroad. This book is a valuable, fascinating account of a region with a rich history, but an uncertain future.

**The Way of Chuang-Tzū** - Chuang-tzu 1965

Free renderings of selections from the works of Chuang-tzū, taken from various translations.

**Cultural Sociology of the Middle East, Asia, and Africa** - Andrea L. Stanton 2012-01-05

These volumes convey what daily life is like in the Middle East, Asia and Africa. Entries will aid readers in understanding the importance of cultural sociology, to appreciate the effects of cultural forces around the world.

**Virtual Orientalism** - Jane Naomi Iwamura 2011

Jane Iwamura examines contemporary fascination with Eastern

spirituality and provides a cultural history of the representation of Asian religions in American mass media. At the heart of her study is the Oriental Monk, a non-sexual, solitary, conventionalized icon who generously and purposefully shares his wisdom with the West.

**Thakur - Sri Ramakrishna** - Rajiv Mehrotra 2011-02-01

The story of Sri Ramakrishna, one of the most beloved Hindu spiritual leaders. All religions are true. The important thing is to reach the roof. You can reach it by stone stairs or by wooden stairs or by bamboo steps or by a rope. One should not think, 'My religion alone is the right path and other religions are false.' I had to practice each religion for a time - Hinduism, Islam, Christianity. Infinite are the paths and infinite are opinions. - Sri Ramakrishna. In *Thakur - Sri Ramakrishna: A Biography*, Rajiv Mehrotra explores the 'challenge and the riddle' presented by the great mystic who, more than a century after his death, continues to dominate secular Hindu consciousness. Sri Ramakrishna brought a new vitality not only to the practices, rituals and symbols of the Hindu heritage but also the celebration of divinity in diverse forms, and reinforced the underlying possibility of a real harmony between all religions. It is this vision that makes him one of the great religious teachers of all time and so profoundly relevant today. This illuminating and intimate biography is most reader-friendly and comprehensive, revealing this boundless power and magnetism of Sri Ramakrishna, as well as the Order that was inspired by his spiritual quest. Mehrotra's narrative gift is remarkably precise and richly evocative, integrating all details of an aspect into a visual and verbal complex of significance. This is a book for all those who want to know more about Sri Ramakrishna, as well as for anyone looking for a brilliant read.

**Boy on the Lion Throne** - Elizabeth Cody Kimmel 2009-03-03

Follows the childhood of the 14th Dalai Lama from his simple life in a mountain village to the thousand-room Potala Palace and his perilous escape into exile.

**Buying Buddha, Selling Rumi** - Sophia Rose Arjana 2020-08-04

From jewellery to meditation pillows to tourist retreats, religious traditions - especially those of the East - are being commodified as never

before. Imitated and rebranded as 'New Age' or 'spiritual', they are marketed to secular Westerners as an answer to suffering in the modern world, the 'mystical' and 'exotic' East promising a path to enlightenment and inner peace. In *Buying Buddha, Selling Rumi*, Sophia Rose Arjana examines the appropriation and sale of Buddhism, Hinduism and Islam in the West today, the role of mysticism and Orientalism in the religious marketplace, and how the commodification of religion impacts people's lives.

**Standoff: Virus and Us** - Bharat S. Thakkar Ph.D. 2022-04-04

"This book offers research geared toward understanding the Covid-19 outbreak, in particular, has highlighted the necessity for change management in the development of a comprehensive social media communication strategy in the time of crisis. Organizations can no longer afford the effects of misinformation, scaremongering, or trivialization of organizational events, status, or needs. This book will serve as a valuable resource to researchers interested in pandemic studies generally as well as those studying the importance of innovation in managing modern organizations". Bharat Thakkar, CEO, PREMGroup, Inc., Wheaton, IL, USA. \*\* Editor: Bharat S. Thakkar, Ph.D., is CEO of PREMGroup, Inc, a consulting firm in Illinois and an adjunct professor at the Illinois Institute of Technology, Chicago, IL, USA. He has expertise in design of systems packaging, reliability management, and heavy machinery design using reliability principles along with Leadership and Management principles. \*\* "As the COVID-19 pandemic is upending global culture at various levels, this is a remarkably timely book about how businesses must position themselves for the new reality. Under Dr. Bharat Thakkar's watchful eye, the book's authors offer insights that perhaps no other work could." Mayank Chhaya, Journalist & Writer, Naperville, IL, USA \*\* "Cultures transcend national borders and bias the way we understand the subjective reality of our existence. Failure to understand, appreciate, and navigate cultural differences is a failure to understanding the symbiotic nature of how we communicate ideas, manage ourselves and businesses, and align ourselves with the physical, psychological, and spiritual needs of our humanity." Kevin Sorbello, Capella University,

Minneapolis, MN, USA.

**To a Mountain in Tibet** - Colin Thubron 2011-03-01

"A superb account of a pilgrimage...Characteristically beautiful, though uncharacteristically haunted." (Pico Iyer, *New York Review of Books*)  
"Thubron walks for the dead and writes for the living..I can't remember when I have been so thoroughly and deeply moved by an author's outward journey inward." (Bob Shacochis, *Boston Glob New York Times* bestselling author Colin Thubron returns with a moving, intimate, and exquisitely crafted travel memoir recounting his pilgrimage to the Hindu and Buddhist holy mountain of Kailas—whose peak represents the most sacred place on Earth to roughly a quarter the global population. With echoes of Peter Matthiessen's *The Snow Leopard*, Peter Hessler's *Country Driving*, and Paul Theroux's *Ghost Train to the Eastern Star*, Thubron's follow up to his bestselling *Shadow of the Silk Road* will illuminate, interest, and inspire anyone interested in traveling the world or journeying into the soul.

**High Hopes** - Tony London 2016-01-01

*High Hopes* is the story of Tibetan education in India since the arrival of Tenzin Gyatso, the Fourteenth Dalai Lama in India in 1959. When His Holiness the Dalai Lama arrived in India, he came with his retinue and many thousands of followers who arrived soon after. Their arduous journey was to a country about which most of them were ignorant. They came as deeply committed Buddhists and with a positive belief in the future. Other than the monks and high officials, most of them had little or no formal education or experience. They arrived into a country which was still emerging and forming its own identity, and still reeling from the 'Partition' and all of the related changes that had taken place after the departure of the British 'Raj'. This relatively small group of Tibetans were strangers in the political landscape of the sub-continent, with its millions. Somehow Nehru and the Indians found a way to accommodate the Tibetans. This book traces that story and the way that the Tibetans in-exile have been able to forge their own unique Buddhist way of life and to incorporate that into their path for future.

**Ocean of Milk, Ocean of Blood** - Matthew W. King 2019-04-02

After the fall of the Qing empire, amid nationalist and socialist upheaval, Buddhist monks in the Mongolian frontiers of the Soviet Union and Republican China faced a chaotic and increasingly uncertain world. In this book, Matthew W. King tells the story of one Mongolian monk's efforts to defend Buddhist monasticism in revolutionary times, revealing an unexplored landscape of countermodern Buddhisms beyond old imperial formations and the newly invented national subject. *Ocean of Milk, Ocean of Blood* takes up the perspective of the polymath Zava Damdin (1867–1937): a historian, mystic, logician, and pilgrim whose life and works straddled the Qing and its socialist aftermath, between the monastery and the party scientific academy. Drawing on contacts with figures as diverse as the Dalai Lama, mystic monks in China, European scholars inventing the field of Buddhist studies, and a member of the Bakhtin Circle, Zava Damdin labored for thirty years to protect Buddhist tradition against what he called the “bloody tides” of science, social mobility, and socialist party antagonism. Through a rich reading of his works, King reveals that modernity in Asia was not always shaped by epochal contact with Europe and that new models of Buddhist life, neither imperial nor national, unfolded in the post-Qing ruins. The first book to explore countermodern Buddhist monastic thought and practice along the Inner Asian frontiers during these tumultuous years, *Ocean of Milk, Ocean of Blood* illuminates previously unknown religious and intellectual legacies of the Qing and offers an unparalleled view of Buddhist life in the revolutionary period.

[Dialogue Gap](#) - Peter Nixon 2012-02-06

The book that bridges the chasm between communication and understanding in negotiations For years Peter Nixon worked with people from all walks of life, teaching them the art of negotiation. But it soon became apparent that the issue was not negotiation itself, but dialogue between parties. We have become experts at sending information—via email, text message, Internet, TV, and other forms of media, communicating, but not engaging, in an active dialogue defined by collaborative thinking. In *Dialogue Gap*, Nixon explores this growing disconnect and its significance in an increasingly globalized world where

the ability to engage with others—in order to address issues like climate change, cultural differences, etc.—has become essential. Helps the reader differentiate communication and dialogue Explores the make-up and causes of the “Dialogue Gap” and what constitutes “good” dialogue (the right people talking about the right issues in the right way at the right time and in the right place) Identifies the most common reasons people don't dialogue effectively and provides helpful tips on how to engage in more effective, productive dialogues Effective dialogue is essential for general success, ensuring that all key stakeholders—in business, politics, or elsewhere—get what they want in the most efficient and productive way possible. Looking at successful and failed dialogues the author has experienced first-hand in Asia, Europe, North America, the Caribbean, and the Middle East in both the public and private sector from across industries, *Dialogue Gap* provides essential information for making the most of your interactions with others.

[Who Is the Dalai Lama?](#) - Dana Meachen Rau 2018-04-03

Get to know the Dalai Lama, Tibet's spiritual leader and one of the most popular world leaders today. Two-year-old Lhamo Thondup never imagined he would be anything other than an ordinary child, but after undergoing a series of tests, he was proclaimed the 14th Dalai Lama of Tibet. By age 15, he found himself the undisputed leader of six million people who were facing the threat of a full-scale war from the Chinese. After the defeat of the Tibetan national uprising in 1959, the Dalai Lama had to flee Tibet and went into exile in India. For nearly 50 years, he has aimed to establish Tibet as a self-governing, democratic state. In 1989, he was awarded the Nobel Peace Prize for his nonviolent efforts for the liberation of Tibet and his concern for global environmental problems. As the spiritual leader of Tibetan Buddhism, the Dalai Lama continues to spend his life working to benefit humanity and preserving Tibetan culture.

[Spiritual Ecology: A Quiet Revolution](#) - Leslie E. Sponsel 2012-07-19

A prominent scientist and scholar documents and explains the thoughts, actions, and legacies of spiritual ecology's pioneers from ancient times to the present, demonstrating how the movement may offer the last chance

to restore a healthy relationship between humankind and nature. • Clear, concise, and captivating essays on well-known, as well as little-known, pioneers in spiritual ecology • Chapter-long treatment of each individual's contributions, allowing for in-depth coverage • An extensive resource guide, including films and websites • An appendix listing approximately 100 pioneers in spiritual ecology

*The Buddhism of Tibet* - Laurence Austine Waddell 1895

*The World of Tibetan Buddhism* - Dalai Lama 2005-06-10

With characteristic humility, His Holiness the Dalai Lama begins this landmark survey of the entire Buddhist path by saying, "I think an overview of Tibetan Buddhism for the purpose of providing a comprehensive framework of the path may prove helpful in deepening your understanding and practice." In this book, the Dalai Lama delivers a presentation that is both concise and profound, accessible and engaging. As readers explore Tibetan Buddhism more fully than ever before, they will find in His Holiness a great friend and authority.

*Leadership for the 21st Century* - Ann E. Prentice 2013-07-11

Leadership is much more than a management technique: it is possessing the insight to see where it is possible to make a difference, and also having the tools to make that difference. *Leadership for the 21st Century* defines leadership, explains how it is practiced, and provides a rich portrait of what it is to be a leader, covering relevant and timely topics such as the importance of diversity, the role of social media in 21st-century leadership, and how to pass a leadership role on to another. It provides priceless information not only on what constitutes successful leadership but also illuminates why leadership falters. Based primarily upon research, this book assembles leadership lessons from more than 100 biographies and autobiographies of a diverse group of leaders, including individuals from the worlds of science, economics, business, and human rights, and also includes thought on leadership derived from many other individuals representing both leaders and those who follow the leaders. As a result, the author presents not only a clear "how-to" guidebook for those wishing to lead, but also a comprehensive,

multifaceted examination of leadership from several relevant perspectives.

*Culture in Global Businesses* - Bharat S. Thakkar 2021-12-23

This book offers research geared toward understanding culture and its influence on the success of global businesses. Divided into two parts that look at the leveraging culture cultural diversity from an organizational as well as national perspective, the chapters investigate the effects of technology on culture, the role of leadership in corporate culture, and communicating and managing change across cultures. The book emphasizes that embracing cultural and subcultural differences alongside instilling organizational culture are the keys to successful modern business. With contributions from authors from academic as well as professional backgrounds, this book will serve as a valuable resource to researchers interested in cultural studies generally as well as those studying the importance of culture to managing modern organizations.

**Lama of the Gobi** - Michael Kohn 2010-11

Danzan Ravjaa is perhaps Mongolia's most beloved saint. As a boy, he was only saved from Manchu execution by the intervention of the young Ninth Dalai Lama. He went on to become one of the greatest mystics and creative geniuses of his time. This book takes the reader on a journey through Mongolian history, Tibetan Buddhism and the traditions of nomadic culture to investigate the man and the many legends that surround him.

*The Mystic Heart* - Wayne Teasdale 2001

An interreligious monk shares his insights from both Hinduism and Christianity, revealing the road to moral capacity, nonviolence, self-knowledge, selfless service, and simplicity of lifestyle. Tour.

*Escape from the Land of Snows* - Stephan Talty 2010-12-28

The remarkable true story of the miraculous journey that made the Dalai Lama into the man he is today and sparked the fight for Tibetan freedom "A hair-raising tale of daring and escape."—The Washington Post In the early weeks of 1959, a bloody uprising gripped the streets of the Tibetan capital of Lhasa as ragtag Tibetan rebels faced off against their Communist Chinese occupiers. Realizing that the impending battle would

result in a bloodbath and his own capture, the young Dalai Lama began planning an audacious escape to India, a two-week journey that would involve numerous near-death encounters, a dangerous mountain crossing, and evading thousands of Chinese soldiers who were intent on hunting him down. The journey would transform this naïve young man into one of the world's greatest statesmen . . . and create an enduring beacon of hope for a nation. Emotionally powerful and irresistibly page-turning, *Escape from the Land of Snows* is simultaneously a portrait of the inhabitants of a spiritual nation forced to take up arms in defense of their ideals, and the saga of a burgeoning leader who was ultimately transformed into the towering figure the world knows today—a charismatic champion of free thinking and universal compassion.

**Building a Religious Empire** - Brenton Sullivan 2020-12-11

The vast majority of monasteries in Tibet and nearly all of the monasteries in Mongolia belong to the Geluk school of Tibetan Buddhism, best known through its symbolic head, the Dalai Lama. Historically, these monasteries were some of the largest in the world, and even today some Geluk monasteries house thousands of monks, both in Tibet and in exile in India. In *Building a Religious Empire*, Brenton Sullivan examines the school's expansion and consolidation of power along the frontier with China and Mongolia from the mid-seventeenth through the mid-eighteenth centuries to chart how its rise to dominance took shape. In contrast to the practice in other schools of Tibetan Buddhism, Geluk lamas devoted an extraordinary amount of effort to establishing the institutional frameworks within which everyday aspects of monastic life, such as philosophizing, meditating, or conducting rituals, took place. In doing so, the lamas drew on administrative techniques usually associated with state-making—standardization, record-keeping, the conscription of young males, and the concentration of manpower in central cores, among others—thereby earning the moniker "lama official," or "Buddhist bureaucrat." The deployment of these bureaucratic techniques to extend the Geluk "liberating umbrella" over increasing numbers of lands and peoples leads Sullivan to describe the result of this Geluk project as a "religious empire." The Geluk lamas'

privileging of the monastic institution, Sullivan argues, fostered a common religious identity that insulated it from factionalism and provided legitimacy to the Geluk project of conversion, conquest, and expansion. Ultimately, this system succeeded in establishing a relatively uniform and resilient network of thousands of monasteries stretching from Nepal to Lake Baikal, from Beijing to the Caspian Sea.

Dalai Lama - Anna Leigh 2019

Forced into exile in India after Tibet's attempted revolt against occupying Chinese forces, the Dalai Lama launched a nonviolent campaign against the occupation that earned him a Nobel Peace Prize in 1989. Read about the life and work of the Dalai Lama, an international icon of peace.

**Dalai Lama** - Mayank Chhaya 2007

Drawing on personal interviews, provides a portrait of one of the world's most important religious figures, offering a study of Tibet and its Buddhist traditions, the forces that shaped his beliefs, his role in exile, and the future of Tibet.

**A Religion of One's Own** - Thomas Moore 2015-01-06

The New York Times bestselling author and trusted spiritual adviser offers a follow-up to his classic *Care of the Soul*. Something essential is missing from modern life. Many who've turned away from religious institutions—and others who have lived wholly without religion—hunger for more than what contemporary secular life has to offer but are reluctant to follow organized religion's strict and often inflexible path to spirituality. In *A Religion of One's Own*, bestselling author and former monk Thomas Moore explores the myriad possibilities of creating a personal spiritual style, either inside or outside formal religion. Two decades ago, Moore's *Care of the Soul* touched a chord with millions of readers yearning to integrate spirituality into their everyday lives. In *A Religion of One's Own*, Moore expands on the topics he first explored shortly after leaving the monastery. He recounts the benefits of contemplative living that he learned during his twelve years as a monk but also the more original and imaginative spirituality that he later developed and embraced in his secular life. Here, he shares stories of

others who are creating their own path: a former football player now on a spiritual quest with the Pueblo Indians, a friend who makes a meditative practice of floral arrangements, and a well-known classical pianist whose audiences sometimes describe having a mystical experience while listening to her performances. Moore weaves their experiences with the wisdom of philosophers, writers, and artists who have rejected materialism and infused their secular lives with transcendence. At a time when so many feel disillusioned with or detached from organized religion yet long for a way to move beyond an

exclusively materialistic, rational lifestyle, A Religion of One's Own points the way to creating an amplified inner life and a world of greater purpose, meaning, and reflection.

**Tibet in Agony** - Jianglin Li 2016-10-10

In 1959 the Dalai Lama emerged in India, where he set up his government in exile. Soon after he left Lhasa the Chinese People's Liberation Army pummeled the city in the "Battle of Lhasa." The Tibetans were forced to capitulate, putting Mao in a position to impose Communist rule over Tibet