

Psychic Powers

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Practical Guide to Psychic Powers - Melita Denning 1981

ESP. Divination. Psychometry. Telekinesis. Astral vision. You've heard of all these talents. The amazing truth is that you can have all of these abilities when you practice the simple, but powerfully effective, exercises in Melita Denning and Osborne Phillips' Practical Guide to Psychic Powers. World-famous experts Denning and Phillips explain exactly what you need to develop your own innate abilities, including advice on diet, rest, and exercise. They advise you to meditate daily, and give instructions how you can bring this wonderful skill into your life. They also reveal how you can make your own tools for psychic development, such as a pendulum, ESP cards, and a Vision Mirror. Practical Guide to Psychic Powers explains that your attitude is important in establishing these abilities in your life. You'll discover how to eliminate boredom and stress, practice mental concentration for long periods, and have foreknowledge of the future. Many of the exercises to help you to develop psychic abilities are in the form of games, making them fun, preventing boredom, and creating faster success. For example, you'll learn a game of guessing dice, one with ESP cards, and another that uses the vision mirror to predict your future. The book teaches you how to become aware of the impressions a material object has gathered, the art of psychometry. You'll learn about contacting spiritual entities the way Spiritualists do. You'll also discover the secrets of dowsing and how to develop and use this ability. Denning and Phillips are known for their clarity of thought and for having effective techniques, as demonstrated in Practical Guide to Psychic Powers. Get your copy today.

The Reality of ESP - Russell Targ 2012-03-27

The co-founder of the 20-year government-supported ESP-research program at Stanford Research Institute delivers the evidence of psychic abilities that he has collected. Original.

Do It Yourself Psychic Power: Practical Tools and Techniques for Awakening Your Natural Gifts using Clairvoyance, Spirit Guides, Chakra Healing, Space Clearing and Aura Reading - Natalia O'Sullivan 2013-09-26

A complete guide to practical tools and techniques for exploring and developing your psychic powers and becoming aware of your own psychic space.

Develop Your Psychic Powers - Eileen Connolly 1990

Volume II in Connolly's new Esoteric Guidebook Series. Develop Your Psychic Powers contains the information and exercises to empower the reader in the art of visualization, intuition, dreamwork, merging with the higher self, and other paranormal phenomena.

Psychic Powers: Telepathy, Astral Travel & Manifesting - The Abbotts 2012-02-22

Have you ever wanted psychic powers? Well this is the book for you! Includes many exercises, exciting paranormal information and easy-to-do hints and ideas from The Abbotts, specialists in psychic and spiritual phenomena. Learn to Astral travel, become Telepathic, use Sacred Symbols and Numbers to benefit yourself, Manifest your desires, interpret your Dreams, meet powerful Angelic Guides and Heal yourself and others! Amazing hidden knowledge now available to you! A Divine Publishing Australia Book A Beacon of Light Book

Unlock Your Psychic Powers - Richard Lawrence 2008

With the help of this lively, practical book you will sharpen your intuitive powers, learn how to interpret dreams and signs of destiny and develop the ability to see with your inner ear and unlock the way to your inner self.

Unexplained Psychic Powers - Gay Lynn Cronin 2019-01-15

Are psychic powers real? In Unexplained: Psychic Powers, readers in grades 5-9 will explore psychic powers (such as Extrasensory Perception (ESP)), true psychic predictions, the importance of dreams, and much more. The Unexplained series is designed for readers to be able to flip through until an image catches their interest. Each 32-page book

includes spreads that feature a handful of info-packed sentences. Quick tidbits mean the book doesn't have to be read cover to cover, making this series perfect for reluctant readers.

Psychic Abilities - Giana Poirier 2015-08-30

A lot of people think that tapping into psychic ability is all about voodoo, witchcraft, or a belief in something supernatural. However, that's not at all an accurate depiction of what it really is. Psychic ability is largely about believing in the power of the mind and the power to be in control of your own destiny. It's about the constant and unerring search for truth through the use of your very own intuition and self-guidance system. This goes right back to the very root of what intuition is, which is simply learning to follow your own truth by trusting your gut instincts. This book is designed to help you develop your intuition and refine your psychic abilities. We're also going to talk a little bit about mind reading, which is really just another way of tapping into your intuition and psychic abilities when it comes to reading other people. So if you're ready to make some serious progress in discovering the inner psychic that already exists within yourself, then let's get started!

Shamanic Experience - Kenneth Meadows 2003-02-10

A guide to shamanic practices for those seeking to develop psychic powers. - Contains 19 practical exercises based on shamanic practices from around the world. - Includes 47-minute CD of shamanic drumming to induce meditative states of deeper awareness. - Written by the author of Earth Medicine and The Medicine Way. Motivated by the spirit rather than the intellect, shamanism extends conscious awareness and awakens dormant potential for spiritual wisdom, healing, and personal growth. Shamanic Experience offers a unique opportunity for the Western reader to access the domain of the collective soul through an experiential learning program based on the distillation of shamanic wisdom from cultures and traditions around the world. Nineteen practical exercises allow readers to discover their aura, develop shamanic breath, energize power centers, develop relationships with power animals, and engage in a Vision Quest. The lessons of Shamanic Experience culminate with a trance-state journey induced by the rhythmic drumming sessions recorded on the accompanying CD.

Mind Over Matter - Loyd Auerbach 2017

Journey Inside and Outside Yourself to Develop Psychic Powers through Fascinating and Effective Techniques The mind is a powerful tool that, when properly focused, can do amazing things for both your body and the world around you. In Mind Over Matter, Loyd Auerbach presents an impressive variety of topics, including telekinesis, faith healing, spirit communication, stigmata, shamanism, firewalking, psychic attacks, levitation, and more. This remarkable book helps you develop your psychic abilities, build your confidence and self-esteem, and keep a responsible attitude as you learn to psychically affect yourself and others. You'll also explore how to: Ease your body's ailments through mental health Investigate ghosts and be at the center of a poltergeist experience Improve your physical performance by exercising your mind Move objects through psychokinesis

Supernormal - Dean Radin PhD 2013-07-16

Can yoga and meditation unleash our inherent supernormal mental powers, such as telepathy, clairvoyance, and precognition? Is it really possible to perceive another person's thoughts and intentions? Influence objects with our minds? Envision future events? And is it possible that some of the superpowers described in ancient legends, science fiction, and comic books are actually real, and patiently waiting for us behind the scenes? Are we now poised for an evolutionary trigger to pull the switch and release our full potentials? Dean Radin, Director of Research at the Institute of Noetic Sciences (IONS) and bestselling author of The Conscious Universe, presents persuasive new experimental evidence for the existence of such phenomena. He takes us on a thrilling scientific journey and challenges outdated assumptions that these abilities are

mere superstition. Focusing on Patanjali's mysterious Yoga Sutras -- 2,000 year-old meditation practices believed to release our extraordinary powers -- Radin offers powerful evidence confirming that sometimes fact is much stranger, spookier, and more wonderful than the wildest fiction.

Discover Your Psychic Self - Tara Ward 2021-11-01

Have you ever felt you possessed a 'sixth sense' or intuition which you've found difficult to explain? Despite man's extraordinary advances throughout history, do you still feel something is missing: a deeper, more spiritual meaning to life? Discover Your Psychic Self addresses these issues and much more by taking you into the realms of greater awareness; it shows you step by step how to uncover your own true potential, using both meditative and physical exercises. Most importantly, this book has been written in a simple, factual style, making this complex subject both easily accessible and fascinating.

Spells and Psychic Powers - Gresham Publishing Company Limited, The 2007-07-01

Clairvoyance - Joules Taylor 2001-11-01

Clairvoyance is the power of discerning objects not present to the senses and the ability to perceive matters beyond the range of ordinary perception. Among the many books on developing psychic abilities of one kind or another, through one method or another, Clairvoyance stands out. This intriguing book shows how to develop all sorts of seeing, feeling, and hunches and includes practical exercises and that can be used in every life situation that would benefit from a little extra insight--and wouldn't they all! A self-evaluation questionnaire guides readers on the search to reveal their own psychic abilities. From reading subconscious signals to telepathy to synchronicity, to lucid dreaming to dowsing, to psychokinesis--this book tells it all. Learn about the connection between clairvoyance and astrology, tarot, and fortune-telling, and how to build self-esteem and achieve personal changes by using affirmations or talismans. Plus, learn how to protect yourself from psychic "leeches". Clairvoyance has the potential to free us from "spiritual blindness" by changing the way we see the world and bringing a remarkable transformation into our lives.

The Psychic Handbook - Craig Hamilton-Parker 2012-05-31

Most of us have had psychic experiences at one time or another; we may find a new place strangely familiar, finish other people's sentences or sense a definite positive or negative feeling about a house. Almost everyone has some latent psychic ability. The Psychic Handbook provides a fun, entertaining way to develop your psychic power. Craig Hamilton-Parker takes you step-by-step through skills such as mediumship, prophecy, psychometry, dream analysis, dowsing, numerology and clairvoyance. He also shows how you can learn to meditate in order to liberate the intuition that is the basis of all psychic ability, and find out about crystals and how they can have a beneficial effect on your life. Packed with information, experiments and games, including special cards developed by scientists to test your telepathic skills, The Psychic Handbook will show how you can explore an undiscovered part of your personality and unlock your psychic potential.

Use Your Psychic Powers to Have It All - Uri Geller 2021-10-12

A fun and super-practical guide to developing your psychic powers and using them to achieve success and fulfilment in life, offering tips and secrets from the world's most celebrated paranormalist - Uri Geller. Uri Geller would love to write a book revealing himself as a trickster. It would be an instant bestseller: people around the world would be thrilled to know that he really did fool the CIA and Mossad, and scientists at the Stanford Research Institute and the University of London. But he can't do it, because he knows that his psychic powers are real - just as yours are, too! This is a guide to releasing your PSI-FORCE and using it for whatever purpose you want. Your psi-force will help you excel at sport, outsmart your boss, win at games, make friends, attract a lover, overcome illness and depression, come to terms with disaster, be a financial success, and, above all, be happy and content. But you must learn to channel your psychic powers your way. Uri will teach you how to get the best out of your particular talent using the dynamic force that is in you already, just waiting to be awakened. The book is packed full of tests to assess your own psychic potential and progress, as well as step-by-step guidance to connecting with and using psi-force, from reading the intentions and thoughts of others to out-psyching your boss and bank manager to drawing on psi-force to manifest your desired outcomes.

Psychic Powers - Time-Life Books 1987

Deals with ESP, mediums, shamans, psychics, and dowsers, and the phenomenon of Kirlian photography

The Essential Guide to Psychic Powers - Sarah Bartlett 2012-04-01

Have you ever sensed that something would happen before it took place? Perhaps you have experienced powerful warning dreams or felt an overwhelming connection to someone far away? We all have the potential to develop psychic powers and connect with other dimensions of reality. This comprehensive and practical guide explores the many facets of psychic phenomena and features practical exercises, explanations, and meditations, leading readers and practitioners through many facets of psychic phenomena, from clairvoyance and dowsing to divination and out-of-body experiences. The Essential Guide to Psychic Powers will provide you with personal insight into your own psychic potential and give you access to a fascinating world beyond the everyday.

The Gift - Echo Bodine 2003

A renowned psychic argues that being psychic is a gift of the spirit we all have, and dispels the fears many people carry about psychics, answering such questions as "Can I be Christian and a psychic?" and "Is there any danger in opening yourself up to psychic information?" Original.

Unleash Your Psychic Powers - Bruce Goldberg 2007-07-01

Unleash Your Psychic Powers trains the reader to maximize their psychic abilities through dozens of simple exercises. Dr. Goldberg presents many self-hypnosis and meditation techniques to guide the reader to meet their Higher Self, see auras, perform energy healing, telepathy, crystal ball methods and many others. This book is a must read for anyone interested in both experiencing psychic phenomena, and maximizing its use to grow spiritually.

Psychic Powers - Lorena Ombre 2015-09-13

Most people wish they had psychic powers to use in their everyday lives. How incredible would it be if you could read other people's minds before they even said a word? And wouldn't it be amazing if you could know exactly what your spouse was thinking about just by looking at him? Having psychic powers is something plenty of people fantasize about, but considering how useful it actually is, why not take the time to actually develop and refine your own innate psychic capabilities? Unfortunately, not everyone believes that being psychic is a real possibility, or that a person can gradually develop and enhance their own inherent psychic powers. But don't let the disbelief of others scare you away: If you have the determination and perseverance to train and practice continuously, the results will follow. This book is designed to provide you with specific exercises and activities that will help you develop and refine your innate psychic abilities by teaching you how to cultivate your intuition and gain mental clarity when reading other people and external situations. So if you're ready to get a leg up in life, then let's get started!

Is Your Pet Psychic? - Richard Webster 2012-07-08

You probably know about some of the amazing feats regularly accomplished by animals, from salmon who navigate through hundreds of miles of water to their birthplace to spawn, to bloodhounds who can track the tiniest trace of a scent with noses one million times stronger than ours. Although psychic powers such as telepathic communication have yet to be explained by modern science, all animals, both human and nonhuman, have the potential. But like any talent, psychic talent must be developed and practiced. Part collection of amazing animal stories, part psychic manual, *Is Your Pet Psychic?* is your guide to understanding and developing your pet's psychic powers. Read extraordinary tales of animal heroes, animal ghosts, and more. Discover how you can test your pet's psychic abilities. Learn how to communicate telepathically with your pet. The exercises in this book will help you and your pet develop the natural psychic potential inherent within all living things. As you experiment with them you will explore one of the true wonders of nature, and strengthen the special bond you share with your pet.

Telepathy, Mind Reading, Clairvoyance, and Other Psychic Powers - Panchadasi Panchadasi 2018-07-15

Telepathy, Mind Reading, Clairvoyance, and Other Psychic Powers by Swami Panchadasi

How to Improve Your Psychic Power - Carl Rider 1994

Argues that everyone has psychic powers, tells how to identify and develop them, and includes special exercises

Dowse Your Way to Psychic Power - Anthony Talmage 2014-04-09

THE FIRST BOOK OF ITS KIND We all have a sixth sense. When we activate it we become superhuman. We are clairvoyant, telepathic, can find lost objects, can talk to our pets, heal disease, travel through time and talk with the angels. We become partners with our Spirit Guides and our lives become a daily adventure. Meaningful co-incidences happen which steer us on a path to our true destiny. SKILL OF THE ANCIENTS Psychic abilities are not confined to a gifted few - we all have them and they are just waiting to be set free. This book takes us in simple, methodical steps on a journey to Extra Sensory Perception. There are

many books on psychic development but this is the first to employ a unique short-cut - the art of dowsing. It has been discovered that this ancient skill is a portal to psychic power. And the other thing that is different within these pages is that you will have practical proof that your psychic abilities are awakening. The dowsing tools will move in your hand, seemingly of their own volition. When this happens you know the old you is changing and a new you, complete with a growing sixth sense, is coming into being. **MONKS TAKE YEARS - DOWSERS HOURS** It is a fact that the brains of some experienced diviners enter as deep an altered state within seconds as that attained by Buddhist monks who have spent years of dedication and discipline to learn the skill. By following the instructions in these pages we learn BOTH the art of divining AND how to unlock our mystical powers. **ENTERING THE UNIVERSE NEXT DOOR** On our journey together we encounter angels, spirit guides, elementals, ghosts, poltergeists and entities that dwell in other dimensions. We look at precognition, retro-cognition, trance states, possession, past lives and re-incarnation. And as we travel we enter new dimensions which will change our lives.

Are You Psychic? - Hans Holzer 1997-06-01

Have you ever had an old tune pop into your head, only to turn on the radio and hear it being played? Or think of someone you haven't seen for years, only to answer the phone and hear that person on the line? Is it coincidence or is it something more? If you have ever wondered if you might be psychic, this book may hold the answer to this most intriguing question. As you will see, everybody has some psychic ability. For some people, the ability might be as mild as intuition; for others, it might be as strong as mediumship; but it all falls under the category of that "sixth sense." *Are You Psychic?* is a fascinating and revealing look at our extrasensory powers. Author and professor of parapsychology Dr. Hans Holzer explores all the various forms of the psychic experience—foretelling the future, interpreting psychic feelings, thought transference, and past-life memories, among others. He explains, in clear and understandable language, what they are, how they work, and what you can do to develop your own inner abilities. He delves into the history of psychic abilities; discusses the psychic experiences of dreams, déjà vu, and out-of-body experience; and shows how natural healing can be a form of the human psychic ability. Throughout the book, Dr. Holzer gives examples of real-life psychic phenomena that illustrate how these powers work—and demonstrate that they are very real. If you are one of those people who have had their fair share of those "funny coincidences," maybe it's time to find out more. Maybe it's time to answer the question you have asked yourself a hundred times—*Are You Psychic?*

The Psychic in You - Jeffrey A. Wands 2005-02-08

When Jeffrey Wands was six years old, he met his great grandmother Mary. She had been dead for twenty-three years. Gifted psychic Jeffrey Wands's connection with his great grandmother was the first step in a remarkable journey that has led to his current status as one of the most acclaimed and successful psychics in the country. Now, in *The Psychic in You*, he traces his development as a psychic and describes what it's like to grow up with such an extraordinary gift. Using a series of compelling and dramatic anecdotes, he illustrates the joys -- and the pain -- that this faculty has brought him. *The Psychic in You* is a book of incredible stories told in the most down-to-earth and readable way. And underpinning this exceptional narrative is Jeffrey Wands's belief that all of us have psychic capabilities, and that all of us can -- and should -- try to develop them. A fascinating read full of dramatic accounts of the paranormal, *The Psychic in You* includes information on:

- Unleashing your own psychic ability
- Contacting loved ones who have crossed over
- Understanding the dead
- Freeing yourself from pain and negativity
- Handling fear of the dead

Captivating, yet practical, this highly readable book dispels the myths and superstitions that surround psychic phenomena and provides a decidedly down-to-earth look at communicating with the other side. Enlightening and absorbing, *The Psychic in You* is essential reading for anyone seeking a richer, more insightful life.

Awakening Your Psychic Powers - Henry Reed 1996-06-15

Based on the writings of Edgar Cayce, a guide to unleashing inborn psychic awareness covers such areas as psychic sensitivity, intuition-developing exercises, dreaming, meditation, clairvoyance, and telepathy. Reprint.

Your Psychic Powers and How to Develop Them - Hereward Carrington 2007-04-01

Putting his many years of research into a single volume, Hereward Carrington presents readers with a self-help guide for increasing their psychic abilities. Everyone who has experienced psychic phenomena, he

says, wants to know how they can develop such powers on their own. And in this book, first published in 1920, he gives them their answers. As the path of development differs for each kind of medium, he has provided instruction on a variety of abilities, including automatic writing and clairvoyance. Serious students of the paranormal as well as those interested purely for entertainment value will find this book a helpful reference. British investigator of psychic phenomenon HERWARD CARRINGTON (1880-1958) was a member of the Society for Psychical Research and wrote many books on the paranormal. Despite many of his most convincing cases being shown to be frauds, he continued to study claims of psychic power and established a research society in the United States in 1921. Some of his most famous works include *Eusapia Paladino and Her Phenomena* (1909) and *Psychical Phenomena and the War* (1918).

You Are Psychic! - Pete A. Sanders 1990

Tells how to tap one's higher awareness at will by finding the body's psychic reception areas in order to enhance creativity, solve problems, succeed in high-level sales, boost immunity, and improve health

Develop Your Intuition and Psychic Powers - David Furlong 2008

Comprehensive and authoritative, *Develop Your Intuition and Psychic Powers* uncovers the natural gifts we all possess yet often leave unused and underdeveloped. Shedding the mystique that has surrounded this field and supported by scientific evidence this book shows you how to unlock your creative, intuitive and perceptive skills, using simple exercises. In addition it will help you achieve effective decision making to find purpose and direction in life by understanding the patterns that weave through it.

Intuition and Psychic Ability: Your Spiritual GPS - Jennifer O'Neill 2012-08-01

Discover something Scientists have been trying to understand for years?the ?true reason? behind intuition and psychic ability! Whether you consider yourself a beginner or advanced, ?*Intuition & Psychic Ability: Your Spiritual GPS?* will answer questions you probably didn't even know you had. *Learn how your psychic senses are most likely already affecting you and your life. *Find out how to harness and develop your own psychic ability. *Packed full of information and exercises, you will begin to understand how to use your intuition and psychic ability in a way which you have never known before. *You might have a psychic gift you never even knew about?until now! *The purpose of this book is to educate you, and help you to effectively develop this ability in such a way that will enhance your everyday life. Allowing you to live your life the best way possible!

Llewellyn's Truth About Psychic Powers - Donald Michael Kraig 2013-06-08

Open yourself to the powerful reality of psychic phenomena. Written by a leading expert, *The Truth About Psychic Powers* lays bare the facts in a straightforward, objective, and provocative light. Uncover the truth about: Psychic development Hypnosis Witchcraft Astrology Auras Past life regressions Cults

Psychic Powers (Collins Gem) - Carolyn Boyes 2007

Filled with advice and practical step-by-step exercises, this helpful guide is designed to help boost psychic powers and mental awareness. A complete introduction to all areas of psychic powers is provided, including their history and the basic theories behind them; the nature of mediumship; and a listing of the most common psychic abilities. Advice on working with tools and guides, developing psychic protection, and using psychic powers in the home and for healing purposes is included, and a variety of uses for mental powers—from clairvoyance to reading auras and clearing unwanted psychic energies—are also covered.

Unexplained Psychic Powers - Gay Lynn Cronin 2019-02-01

Are psychic powers real? In *Unexplained: Psychic Powers*, readers in grades 5-9 will explore psychic powers (such as Extrasensory Perception (ESP)), true psychic predictions, the importance of dreams, and much more. The *Unexplained* series is designed for readers to be able to flip through until an image catches their interest. Each 32-page book includes spreads that feature a handful of info-packed sentences. Quick tidbits mean the book doesn't have to be read cover to cover, making this series perfect for reluctant readers.

Awaken Your Psychic Abilities - Marie Harriette Kay 2012-02

AWAKEN YOUR PSYCHIC ABILITIES is a sensible guide for beginners and teachers. The meditations and step-by-step instructions will strengthen your connection to your spirit guides and awaken your ability to learn clairvoyance; seeing in the mind's eye, clairsentient; sensing feeling, clairaudient; hearing spiritual messages; mental telepathy, aura reading, psychometry, past-life recognition, automatic writing, psychic

awareness, and much more. The result is a closer connection with your spirit guides. The purpose of psychic awareness is to transform your life in positive ways when using your natural intuitive perception. This book is a metaphysical teaching manual for individual exploration, group workshop, college, and classroom setting. All information is non-denominational. All references to God represent a universal consciousness that unites all people, of all faiths, alive or in spirit, in interconnected universal love. Whether you are a novice or want to teach the paranormal, this book is for you. Reviews Marie Kay's book presents meditations, workshop with step-by-step exercises, and spiritual knowledge that will transform your life in a positive way. -Kathy Nahtygal, healer and psychic. I, Susi Walter, have taught groups with the exercises and meditations from *Awaken Your Psychic Abilities* for three years. Most beginners sensed, heard, or saw, within their mind's eye, and experienced spiritual guidance shortly after using these simple techniques. This book has significantly changed the lives of many people, including my own. -Susi Walter, founder of: Intuitive Endeavors, Meditation on the Go! www.susiwalter.com. Marie Kay shares with the reader the many ways we can open up and enhance our spiritual gifts. She is an outstanding spiritual teacher and guide. Be prepared to expand your intuitive abilities and walk the spiritual path. -Eric Alsterberg, Ph.D. psychologist and spiritual author Marie Harriette Kay was born in Detroit, Michigan. She is a writer of fiction and nonfiction, an artist, psychic, and medium. She has been a teacher of parapsychology for over forty years. She was married and raised three children. Marie can communicate with the dead, from which she has acquired much of the material for *AWAKEN YOUR PSYCHIC ABILITIES*. She has studied, taught, and lectured on many phases of parapsychology. Askaboutspirits.com Marie began her psychic training in 1970, with Mrs. June Black, who had her training in London, England, and had also been active in the field of paranormal for over forty years. Marie became Mrs. Black's assistant and under her guidance for seven years, studied psychic awareness, meditation, mediumship, psychometry, healing, past-life regression, and much more.

Psychic Power - Rob MacGregor 2005

You have what you believe is a private thought--until somebody who is with you gives voice to exactly what you were thinking about! Moments like this happen to everyone, and it's easy to write them off as coincidences. Not so fast, advises author Rob MacGregor. He explains several different kinds of unusual mental experiences and argues convincingly that many of them suggest the existence of psychic powers. Then, he takes his readers several steps further, advising on how all men and women, regardless of age, can develop their own psychic powers. He discusses-- Precognition, or knowing about things that haven't happened yet Telepathy, or sensing what somebody else is thinking Clairvoyance, or getting a mental picture of an event occurring far away Psychokinetic energy, or moving an object through the power of thought Psychometry, or learning about past events through the sense of touch Synchronicity, or experiencing meaningful coincidences He also presents a balanced overview of the running debate between psychics and those scientists who assert that psychic events are violations of nature, and thus do not exist. MacGregor insists that while all people have psychic potential, psychic skills need to be developed in order to be used effectively to our benefit. Learning to use psychic skills is the main focus of this intriguing book. It is written for beginners who want to develop their intuitive abilities and explore their inner powers. Handsomely produced, *Psychic Power* features attractive two-color typography. The accompanying audio CD with background music takes beginners step-by-step through exercises in breathing and muscle relaxation, then proceeds to mental exercises in which participants imagine themselves in different locations. Psychic Powers - Jessica Adams 2004

Provides ways to test and improve one's psychic abilities, including fortune telling, seeing auras, and dealing with psychic pets.

The Ultimate Guide to Psychic Abilities - Karen Frazier 2021-11-23

Best-selling author and psychic Karen Frazier shows you how to safely and effectively develop your intuition for fun and personal empowerment. Psychic ability is the capacity to know the unknowable. We are all born with this gift--but we need to know how to access it. *The Ultimate Guide to Psychic Abilities* teaches you how to awaken your different psychic abilities: Mediumship--the ability to talk to Spirits Precognition--the ability to know events before they occur ESP--the ability to glean psychic information from objects Remote viewing--the ability to see events at a distance Channeling--the ability glean information from other people or Spirits Psychic dreaming--the ability to use dreams to predict the future or know events Astral projection--the ability to send your energy/awareness to other locations Psychokinesis--the ability to affect and move objects with your mind You'll also learn how to use your psychic abilities in conjunction with other divinatory tools such as tarot and astrology. Setting energetic boundaries and protection is discussed as are strategies for managing psychic information if you are empathic or highly sensitive. Exercises and practices allow you to explore and learn at your own pace as you strengthen and refine your abilities. Written in an accessible style, *The Ultimate Guide to Psychic Abilities* is the essential guide for developing your most important ability. The *Ultimate Guide to...* series offers comprehensive beginner's guides to discovering a range of mind, body, spirit topics, including divination, crystal grids, numerology, witchcraft, chakras, aromatherapy, and more. Filled with beautiful illustrations and designed to give easy access to the information you're looking for, each of these references provides simple-to-follow expert guidance as you learn and master your practice.

Your Psychic Powers - Craig Hamilton-parker 2014-08-13

Psychic School - As seen on BBC 2 *Everyman: Mediums Talking to the Dead* and American Television: *Spirit of Princess Diana* Commonly reported psychic experiences include precognitive dreams, out-of-body travel or even visits from the dead. The human brain is divided between a subconscious, intuitive mind and a reasonable, rational mind. When the two interlink, latent psychic powers are triggered and the individual can take the first steps toward spiritual discovery. If you have ever wondered whether you are psychic, this book will help you find out by encouraging you to look more deeply within yourself. You may have already experienced psychic phenomena, or perhaps you would like to 'tune in' to this other world that doesn't quite belong to usual, everyday perception. *Your Psychic Powers* - a beginner's guide is the ideal stepping stone towards a more complete and aware you. Craig Hamilton-Parker is an international television psychic medium and hosts programs in the UK and USA. The BBC *Everyman* series showcased his *Psychic School* that trains young people to become professional psychics and mediums. Craig and his clairvoyant wife Jane also conducted the *Princess Diana Seances* for American TV and today have their own show called *Our Psychic Family*. Topics include: **PSYCHIC VIBRATIONS** Learn about extra sensory perception (ESP) and whether you have spontaneously already experienced the sixth-sense. Discover how psychic powers work and if you have a psychic personality. Understand the uses of psychic powers in daily life. **TELEPATHY** How telepathy works and how to amplify your telepathic perception. Discover the powers of psychometry and how telepathy can happen in dreams. **CLAIRVOYANCE AND PRECOGNITION** Learn about the psychic powers of Clairvoyance, Precognition, Divination and Prediction. The author gives you advice about how to trigger these abilities and enhance your psychic skills. **PSYCHOKINESIS** You will explore the miraculous abilities of powerful psychics and mediums who have the ability of mind over matter. This chapter will introduce you to Sathya Sai Baba and his incredible powers. **MEDIUMSHIP AND HEALING** Learn how to become a medium and discover the power behind psychic phenomena. Healing and the transferring of psychic energy (prana) is also explained. **CONNECTING** How to progress your psychic and mediumistic development with advice about finding teachers and classes.